

## INVESTIGATING PADS ACTIVITY SHEET

In this activity you're going to put an Always pad to the test!  
Carry out the tasks below and record your answers in the spaces provided.



### WHAT DO YOU NEED?

- 1 x Always Platinum pad
- Teaspoon
- Ruler
- Sharp scissors
- Cup of water

1	Remove the Always pad from its wrapper. Can you think of three adjectives to describe it?	
2	Take your ruler and measure the pad. How long is it? How wide? How thick?	
3	Take off the paper coating and open the wings. What adjective would you use to describe the underneath of each wing? Why do you think it is like this?	
4	Drop three teaspoons of water onto the centre of the pad. What happens to the water? What happens to the pad?	
5	Cut the pad in half across the middle. What can you see inside?	
6	Take one half of the pad and hold it with the cut edge of the pad facing down. Squeeze as hard as you can. What happens?	

