

MENSTRUAL CYCLE ACTIVITY SHEET

There are 10 important words related to the menstrual cycle hidden in the word search grid below. You'll find a clue to each word in the table below.

Can you fill in the gaps below and then find the words in the grid?

	CLUE	MISSING WORD
1	Females have their first _____ during puberty. It usually lasts 3 to 7 days.	
2	On average, the menstrual cycle lasts for 28 _____.	
3	Oestrogen and progesterone are _____ that control the menstrual cycle.	
4	The four phases of the menstrual cycle are _____, pre-ovulation, ovulation and pre-menstruation.	
5	The lining of the _____ thickens during pre-ovulation.	
6	Menstrual fluid comes out of the _____.	
7	Most females lose 4 to 12 _____ of blood each month.	
8	The part of the menstrual cycle when an egg is released is called _____.	
9	Eggs are released from one of the _____ into the fallopian tube.	
10	If the egg is fertilised by a sperm cell, it will start a _____.	

D	M	S	L	L	N	D	W	N	R	S	R	P	N	H
O	V	U	L	A	T	I	O	N	Y	N	E	W	O	O
P	A	H	C	Y	S	W	S	A	G	O	J	I	I	R
G	R	D	X	C	U	F	D	Y	J	F	R	R	T	M
Z	E	E	O	Y	C	P	G	B	B	R	I	J	A	O
T	F	F	G	L	U	N	E	B	M	A	Y	S	U	N
S	C	R	Q	N	Y	Y	X	Y	J	W	N	A	R	E
X	U	A	E	U	A	J	D	K	K	O	U	N	T	S
E	T	R	K	T	Q	N	O	M	O	Y	I	I	S	S
I	L	T	E	U	B	V	C	P	Q	O	W	G	N	V
R	M	T	D	T	A	Z	S	Y	G	X	W	A	E	Q
Y	B	R	P	R	U	A	H	R	K	Z	O	V	M	A
E	D	O	I	R	E	P	L	E	C	D	C	N	H	D
M	Q	E	S	T	A	R	O	K	Q	C	W	C	V	Z
G	S	D	Q	K	L	M	N	M	D	Y	Y	I	Y	U

