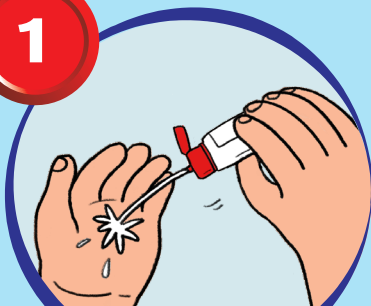


# Keeping safe with sanitiser



Soap and warm water are best! Just use sanitiser when you can't get to a sink.

1



First you splosh it,  
Got to splosh it

2



Now you palm it,  
Palm to palm it,  
Rub together, All together

3



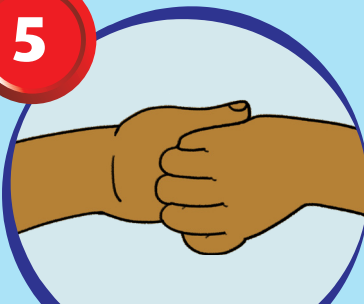
And do the backs,  
You're right on track

4



Next you lace it,  
In between it

5



Interlock it,  
Lock and roll it

6



Twist a thumb,  
Another one

7



Ends of fingers,  
Spin our fingers

8



Let's see you wrist it,  
A real good twist

9



And you've done it,  
You bish, bash,  
boshed it!

If you're dry after 15 seconds, you've not applied enough sanitiser



KEY  
TIMES



Before and after  
public transport



Before getting  
into a car



Before  
snacking