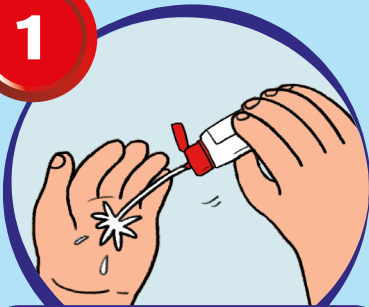


Keeping safe with sanitiser



Soap and warm water are best! Just use sanitiser when you can't get to a sink.

1



First you splosh it,
Got to splosh it

2



Now you palm it,
Palm to palm it,
Rub together, All together

3



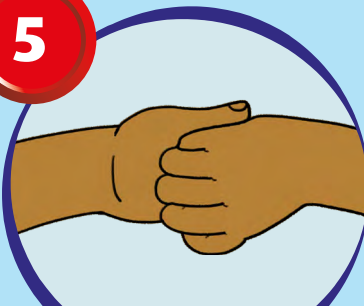
And do the backs,
You're right on track

4



Next you lace it,
In between it

5



Interlock it,
Lock and roll it

6



Twist a thumb,
Another one

7



Your fingertips,
That's the trick

8



Let's see you wrist it,
Go on twist it

9



And you're done,
You bish, bash,
boshed it!

If you're dry after 15 seconds, you've not applied enough sanitiser



KEY
TIMES



Before and after
public transport



Before getting
into a car



Before
snacking