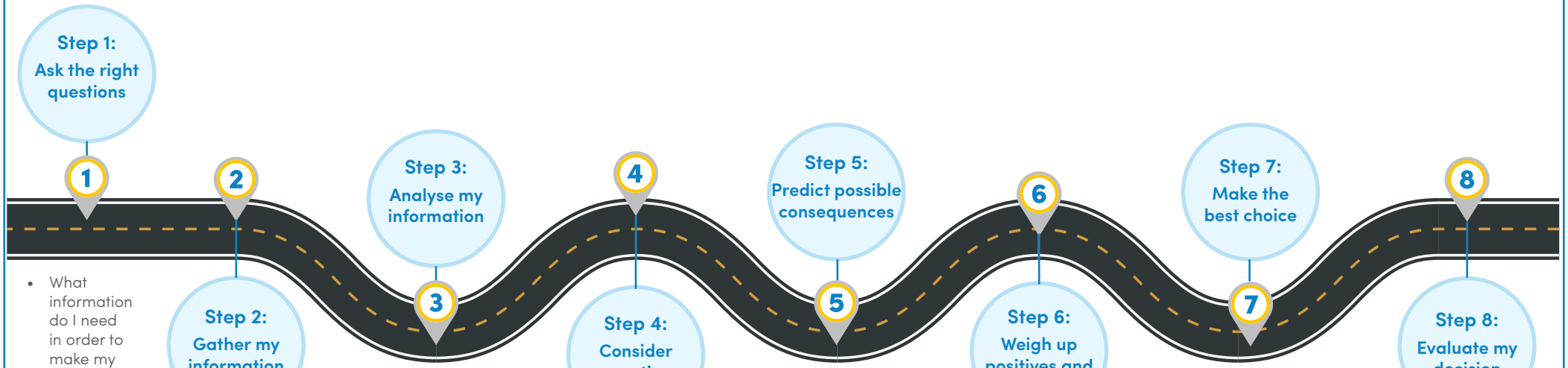
Activity sheet 4

My decision journey

Need to make a decision? Don't rush into it! The following steps can help you make an **informed** choice and minimise risk.



Step 1: Ask the right questions

- What information do I need in order to make my decision?

Step 2: Gather my information

- Where can I get the information I need?
- Might the sources be biased?
- Is my information correct – can I trust it?
- Have I used information from a variety of sources?

Step 3: Analyse my information

- Considering all the information I've gathered, what are the key points?
- Could the information be interpreted in different ways?
- Do sources of information support each other or conflict?
- Does most of the information suggest a particular choice?

Step 4: Consider my options

- What are all the different choices available to me?

Step 5: Predict possible consequences

- What might be the short- and long-term consequences of each of my options?

Step 6: Weigh up positives and negatives

- How might each option affect me? ... others? ...the environment?
- What are the pros and cons of each?
- What risks might be involved?
- Variety of sources?

Step 7: Make the best choice

- Which option has the most positives?
- Which option involves the least risk?
- Which feels like the right decision?

Step 8: Evaluate my decision

- What have I learned from my choice?
- Would I make a different decision if I had to choose again?