

Scenario Cards

SCENARIO 1

You've just discovered that one of your guests is vegetarian!

People who are vegetarian don't eat any meat or meat products.

You now must adapt your recipe and your plan in order to make it suitable.

Make sure you consider:

- What do you need to change and why?
- Is the new ingredient vegetarian?
- Is the new ingredient a similar price or lower?
- Is the new ingredient in the same food group?
- Does the new ingredient create less food waste?

SCENARIO 2

You've just discovered that one of your guests is Muslim!

People who are Muslim don't eat any pork or pork products.

You now must adapt your recipe and your plan in order to make it suitable.

Make sure you consider:

- What do you need to change and why?
- Is the new ingredient free of pork and is it halal?
- Is the new ingredient a similar price or lower?
- Is the new ingredient in the same food group?
- Does the new ingredient create less food waste?

SCENARIO 3

You've just discovered that one of your guests has Coeliac Disease!

People who have Coeliac Disease cannot eat gluten.

You now must adapt your recipe and your plan in order to make it suitable.

Make sure you consider:

- What do you need to change and why?
- Is the new ingredient completely free of gluten?
- Is the new ingredient a similar price or lower?
- Is the new ingredient in the same food group?
- Does the new ingredient create less food waste?