

SPORTING VALUES ACTIVITY SHEET

VALUES OF SUCCESSFUL SPORTS TEAMS

Look at these quotes from the All Blacks and Lionesses.

Which of the value statements listed below do you think they reflect?

ALL BLACKS

"We can't just have a captain stand at the front and everyone else loafing in behind him, we actually need some accountability and responsibility from the whole team."

Wayne Smith (former All Blacks Assistant Coach)

LIONESSES

"I am always trying to go day-by-day and step-by-step. Working on what I need to work on and improve the game."

Ebony Salmon (Lioness)

"Getting connected with people to work together on one goal."

Sarina Wiegman (Lionesses Coach)

VALUE STATEMENTS ADOPTED BY SUCCESSFUL SPORTS TEAMS

Always look for ways to improve	Train hard, to the best of your ability
Have shared goals	Set personal goals and team targets
The team comes above individuals	Work together
Take shared responsibility	Show a positive attitude

YOUR TEAM: YOUR VALUES

In your group, come up with a team motto and three value statements, like the ones above, that celebrate some of the following values:

- HONESTY
- EFFORT/DEDICATION
- INTEGRITY
- ENJOYMENT/FUN
- HUMILITY
- ENTHUSIASM
- DISCIPLINE
- RESPECT

MOTTO:

VALUES:

1.

2.

3.