

<p>SLIDE 6: HARRY'S STORY</p>	<p>Introduce Harry Beaton as an example of someone who went through the process last year and is now working full time in the music industry!</p>
<p>SLIDE 7: HOW CAN YOU STIR UP YOUR FUTURE What is an alternative career? Explain to students what an alternative career means and some of the fields it might relate to.</p>	<p>Run students through the process for applying.</p> <p>Let students know that it's easy to apply. All they need to do is submit a short video – no forms required!</p> <p>Play the video showing one of last year's internships.</p>
<p>SLIDE 8: APPLY NOW TO STIR UP YOUR FUTURE</p>	<p>Let students know that the internships are now live and ready for applications.</p> <p>More internships will be added to the website every month so they should keep checking back.</p> <p>What are they waiting for - go and apply now!</p>

LESSON PLAN

LESSON SECTION	RESOURCES	INSTRUCTIONS
<p>PRIOR TO THE SESSION</p>	<p>Stir Up Your Future Presentation Stir Up Your Future Skills Mini Pitch Planner Stir Up Your Future Top Tips Video</p>	<p>Print correct number of <i>Stir Up Your Future Skills Mini Pitch Planner</i> for the group.</p> <p>Teacher to familiarise themselves with all resources needed for the session as well as the online materials that students will go on to explore in their own time, such as the Alternative Careers Fair: potnoodleinternships.com.</p> <p>Play the Stir Up Your Future Assembly Introduction Video and deliver the Stir Up Your Future Assembly Presentation if this hasn't been done already.</p>
<p>STARTER (2 MINS)</p>	<p>Stir Up Your Future Careers Lesson Presentation</p>	<p>Show students slide 2 of the <i>Stir Up Your Future Careers Lesson Presentation</i> asking them to consider the key ingredients that make them unique. They could feedback to the group.</p>
<p>EXPLORE: WHY STIR UP YOUR FUTURE? (5 MINS)</p>	<p>Stir Up Your Future Careers Lesson Presentation</p>	<p>Remind students of what's on offer with the Pot Noodle Alternative Careers Fair on slide 3 of the presentation.</p> <p>Ask students to come up with a definition of an internship. What are the benefits of completing one?</p> <p>Share the information on why creativity is highly prized in the labour market. Explain that individual passion and perspectives are becoming more and more important to employers today.</p> <p>Read and discuss Harry's Stir It Up story on slide 5 of the presentation.</p>

**ACTIVITY:
STIR IT UP!
(15 TO 25
MINS)**

Stir Up Your Future
Careers Lesson
Presentation
Stir Up Your Future
Skills Mini Pitch
Planner

Show students slide 6 of the presentation. Tell them that to apply for an internship, they just need to make a short video. The next activity will help them to prepare for this. Display slide 7 and ask them. Ask them to discuss the key ingredients that make you, YOU! They should consider all aspects of their lives, not just education. What makes them tick?

Explain that they will use these essential ingredients to create a mini-pitch that sells themselves to a potential employer.

Display slide 7 and hand out the *Stir Up Your Future Skills Mini Pitch Planner*. Explain to students that employers value well-established transferable skills like those displayed on the slide. How can they include some of these in their mini-pitch?

Talk through how to complete the *Mini Pitch Planner*.

Show students how they can talk about their passions in terms of skills and experience to wow potential employers. Display slide 8 Students complete their planner and practice pitching in pairs or small groups.

**STIR IT UP
NEXT STEPS
(3 MINS)**

Stir Up Your Future
Presentation

Show students slide 9 of the presentation. Encourage students to explore the Alternative Careers Fair and try to find the best and most unusual internship that would suit their own transferable skills and passions. Show slide 10, and play the Top Tips Video for hints on how to make their application stand out.

Remind them of how to apply then use slide 11 to ask them to share one action they will take forward from the session. Students either:

1. Share an internship opportunity they are going to apply for (not just from the Alternative Careers Fair, this can come from anywhere) and why.
2. Make a pledge and identify one way they will 'Stir Up Their Future'.

**TAKING IT
FURTHER**

Stir Up Your Future Parent
Carer Handout

Students further explore the Alternative Careers Fair and start applying for internships.

Print off and hand out the Parent Carer Handout or send it electronically to further discuss and explore options at home.

4. CURRICULUM LINKS

ENGLAND

Gatsby Benchmarks:

1. (Supports) A stable careers programme
2. Learning from career and labour market information
3. Encounters with employers and employees
4. Personal guidance

<https://www.gatsby.org.uk/education/focus-areas/good-career-guidance>

WALES

Learners should be able to develop their skills, attitudes and values through a range of contexts. They should have the opportunity to:

Personal achievement

Continue to develop an ongoing curriculum vitae (CV) based on their achievements, experiences, interests and skills in order to enhance their employability

Seeking information

Research and evaluate a range of information about careers and the labour market within Wales.

Explore how opportunities in Britain, Europe and the rest of the world might impact upon their career ideas.

Guidance

Access and analyse realistic, impartial guidance on education/career/work routes.

Be able to explain and justify their choices both to their peers and to appropriate adults.

Review, synthesise and present information about themselves in relation to learning and work in order to negotiate a career plan.

<http://hwb.gov.wales/api/storage/9bd3c2a4-e75a-4fa9-ba72-0e080c9840fc/careers-world-of-work.pdf>

SCOTLAND

Career Management Skills – align with the experiences and outcomes of Curriculum for Excellence and enable individuals to apply the skills to:

- Develop personal awareness around likes, dislikes, strengths and weaknesses.
- Gather, interpret and analyse career, learning and labour market information.
- Explore options in learning and work and relate this to personal priorities and strengths.
- Take action to build a career pathway.

<https://education.gov.scot/documents/dyw2-career-education-standard-0915.pdf>

NORTHERN IRELAND

All young people and adults will:

- Have access to good quality careers education provision, up-to-date LMI, and impartial careers information, advice and guidance, to assist them to make well informed career choices, to achieve their potential and prosper in employment.
- Have a clear understanding of the impact of their education, training and employment choices and make career choices which are informed and well thought through and based on self-awareness and be aware of the opportunities and pathways available.

<http://www.education-ni.gov.uk/sites/default/files/publications/de/Careers-strategy.pdf>

