

YOU WILL NEED A card disc, drawing pen, colouring pens.

SENSORY SOUND MAP

**EXPLORE OUTSIDE AND FIND A SPOT
TO STAND IN TO MAKE YOUR SOUND MAP**

1. Close your eyes and listen very carefully.

2. What is the first thing you hear?

3. Listen again. What other sounds can you hear?



4. Some sounds may be loud and close by.

5. Some sounds may be in the distance and you can only just hear them.

6. Some sounds will be made by people, some by nature and some by machines.

MAKE YOUR MAP

Start by drawing a symbol that represents you in the middle of your sound disc.

Add an image or word for each sound you hear. Try to use different colours for each sound.

Do you hear different sounds in different places? Try and mark them in that area on the map.

Which is your favourite sound?
Are there sounds that you don't like?

