

Wash like a pro!



20
seconds



1

First you wet it,
Got to wet it



2

Then you soap it,
Really soap it



3

Now you palm it,
Palm to palm it



4

And do the backs,
You're right on track



5

Next you lace it,
In between it



6

Interlock it,
Lock and roll it



7

Twist a thumb,
Another one



8

Ends of fingers,
Spin our fingers



9

Let's see you wrist it,
A real good twist



10

Time to rinse it,
Come on rinse it



11

Last you dry it,
Need to dry it



12

And you've done it,
You bish, bash,
boshed it!

WHEN?



After using
the toilet



Before
eating



Going into
school



Coming
home