

THE ALTERNATIVE CAREERS FAIR

STIR UP YOUR FUTURE DELIVERY GUIDE

I. PROGRAMME/RESOURCE SUMMARY

Pot Noodle is placing itself at the heart of fantastic work experience opportunities for schools and colleges by running an Alternative Careers Fair in 2021. 100 internships, from app designing to radio production assistants, will be available to young people across the UK.

This short tutor time session encourages students to 'Stir Up Their Future' and consider more unconventional experiences to develop their skills and prepare them for the competitive world of work, whilst also helping schools and colleges with resources for their pre-existing career programmes.

Students will participate in class discussions and complete fun tasks that aim to engage and excite young people about different possibilities for their future. They will be shown how to access the Alternative Careers Fair online and how to apply for internships; top tips to support young people to complete their own application after the session will be provided in a 'take-home' downloadable PDF.

2. INCLUDED IN THIS RESOURCE

- **Stir Up Your Future Delivery Notes** including sharing copy for colleagues, students and families
- **Stir Up Your Future Social Sharing Imagery**
- **Stir Up Your Future Presentation**
- **Stir Up Your Future Skills Worksheet**
- **Stir Up Your Future Top Tips**

3. LESSON DELIVERY



LEARNING OBJECTIVES

Students will learn about alternative work experience opportunities that can benefit their own career pathway. They will explore the meaning of a 'transferable skill' and discover how trying something new and leaning into their passions can be both enjoyable and valuable to their future. Students will learn how to navigate the Alternative Careers Fair as well as be supported in applying for one of the 100 internships available in 2021.



LEARNING OUTCOMES

- Students will *identify* their own skills and interests.
- Students will *understand* the importance of transferable skills.
- Students will *explore* the benefits of the internship.
- Students will *compare* different career opportunities.
- Students will *investigate* how to access the careers fair and apply for the internship.



SKILLS DEVELOPED WITHIN SESSION

Communication, listening, reflection, personal motivation, and personal development.



WHAT YOU'LL NEED

To run the session teachers will need equipment to show a PowerPoint presentation, access to the internet, and enough copies of the *Stir Up Your Future Skills Worksheet* for the intended group.

OPTIONAL: access to the internet for students using personal or school devices.



TIMINGS (AND SETTING)

- 25 mins for the core session within the classroom.
- 40 mins to include the OPTIONAL *Stir Up Your Future Challenge* task which could be carried over two tutor time slots or set as independent work after the session.

LESSON PLAN

| LESSON SECTION | RESOURCES AND EQUIPMENT | INSTRUCTIONS |
|-----------------------------|---|---|
| PRIOR TO THE SESSION | <p>Stir Up Your Future Presentation</p> <p>Stir Up Your Future Skills Worksheet</p> <p>Stir Up Your Future Top Tips</p> | <p>Print correct number of <i>Stir Up Your Future Skills Worksheet</i> for the group.</p> <p>Teacher to familiarise themselves with all resources needed for the session as well as the online materials that students will go on to explore in their own time, such as the Alternative Careers Fair: https://ar.potnoodle.com/</p> |
| STARTER (2 MINS) | Stir Up Your Future Presentation | <p>Show students slide 2 of the <i>Stir Up Your Future Presentation</i> to introduce the session and 'Think, Pair, Share': What is the most alternative or 'out-there' career you've ever thought about pursuing?</p> <p>Go through the learning outcomes for the session.</p> |

**ACTIVITY 1:
WHY STIR UP
YOUR
FUTURE?**

(10 MINS)

Stir Up Your Future
Presentation

Stir Up Your Future
Skills Worksheet

Show students slides 4-5 of the *Stir Up Your Future Presentation*.

Introduce the internship opportunities available in 2021 and the definition of an internship. Students discuss in small groups how they think internships can benefit young people.

Introduce the quote from the person who has done an internship in previous years and explain what they gained from the experience.

Introduce students to the definition of transferable skills and inform them that to Stir Up Their Future they should know more about these, and focus on developing them throughout their lives. Explain that transferable skills are important no matter what career pathway they choose.

Hand out the *Stir Up Your Future Skills Worksheet*. Explain to students that employers want employees with well-established transferable skills such as: problem solving, communication, teamwork, analytical thinking, self-management, resilience, creativity, networking, leadership.

Ask students to work in small groups to read through each transferable skill and rank them in a diamond nine according to which they think are the most important in the working world. Students explain their choices and compare answers by feeding back as a class.

**ACTIVITY 2:
HOW CAN
YOU STIR UP
YOUR
FUTURE?**

(5 MINS)

Stir Up Your Future
Presentation

Stir Up Your Future
Top Tips

Show students slides 6-7 of the *Stir Up Your Future Presentation*.

Ask students to think of their dream job – they don't have to be realistic! Review the transferable skills. What are the three most important skills for their dream job?

Students consider ways they could develop those skills and evidence them to future employers. They should think of examples from both in school and out of school.

Explain that work experience placements are a brilliant way of developing and evidencing transferable skills to future employers and can help them work towards their dream job.

Introduce students to how they can apply for internships. Signpost students to the *Stir Up Your Future Top Tips* included in this resource pack to help them with this process

**ACTIVITY 3:
WHEN CAN
YOU STIR UP
YOUR
FUTURE?**

**(5 MINS)
OR
(20 MINS)**

**Stir Up Your Future
Presentation**

Show students **slide 8** of the *Stir Up Your Future Presentation* and explain that 'now' is the time that they can 'Stir Up Their Future'! The summer is the perfect time to get work experience and try out new things.

Share with students the link to the Alternative Careers Fair: <https://ar.potnoodle.com/> and explain how to navigate the site.

OPTIONAL TASK: Stir Up Your Future Challenge

Show students **slide 9**. Encourage students to explore the Alternative Careers Fair and try to find the best and most unusual internship that would develop transferable skills important to their future.

After exploring the Alternative Careers Fair – ask students to work in pairs and share their internship choices with one another.

Feedback as a class.

If you do not have internet access, you could challenge pupils to identify the most unusual way they could develop the transferable skills most useful to their future. Ask volunteers to share. Give kudos to the students who were unconventional and willing to broaden their horizons.

**PLENARY
(3 MINS)**

**Stir Up Your Future
Delivery Notes**

**Stir Up Your Future
Presentation**

Show students **slides 10** of the *Stir Up Your Future Presentation*.

Students either:

1. Share an internship opportunity they are going to apply for (not just from the Alternative Careers Fair, this can come from anywhere) and why.
2. Make a pledge and identify one way they will 'Stir Up Their Future'.

Recap learning outcomes (**slide 11**).

**TAKING IT
FURTHER**

ar.potnoodle.com

**Stir Up Your Future
Top Tips
Downloadable
PDF**

Students further explore the Alternative Careers Fair and start applying for internships.

Students can take home and read the *Stir Up Your Future – Top Tips* with their parents/carers to support them with a successful application for the internships.

3. INTERNSHIP APPLICATION

Encourage and support students to complete an online internship application found at:
<https://potnoodleinternships.com/jobs>

4. CURRICULUM LINKS

ENGLAND

Gatsby Benchmarks:

1. (Supports) A stable careers programme
2. Learning from career and labour market information
3. Encounters with employers and employees
4. Personal guidance

<https://www.gatsby.org.uk/education/focus-areas/good-career-guidance>

WALES

Learners should be able to develop their skills, attitudes and values through a range of contexts. They should have the opportunity to:

Personal achievement

Continue to develop an ongoing curriculum vitae (CV) based on their achievements, experiences, interests and skills in order to enhance their employability

Seeking information

Research and evaluate a range of information about careers and the labour market within Wales.
Explore how opportunities in Britain, Europe and the rest of the world might impact upon their career ideas.

Guidance

Access and analyse realistic, impartial guidance on education/career/work routes.
Be able to explain and justify their choices both to their peers and to appropriate adults.
Review, synthesise and present information about themselves in relation to learning and work in order to negotiate a career plan.

<http://hwb.gov.wales/api/storage/9bd3c2a4-e75a-4fa9-ba72-0e080c9840fc/careers-world-of-work.pdf>

SCOTLAND

Career Management Skills – align with the experiences and outcomes of Curriculum for Excellence and enable individuals to apply the skills to:

- Develop personal awareness around likes, dislikes, strengths and weaknesses.
- Gather, interpret and analyse career, learning and labour market information.
- Explore options in learning and work and relate this to personal priorities and strengths.
- Take action to build a career pathway.

<https://education.gov.scot/documents/dyw2-career-education-standard-0915.pdf>

NORTHERN IRELAND

All young people and adults will:

- Have access to good quality careers education provision, up-to-date LMI, and impartial careers information, advice and guidance, to assist them to make well informed career choices, to achieve their potential and prosper in employment.
- Have a clear understanding of the impact of their education, training and employment choices and make career choices which are informed and well thought through and based on self-awareness and be aware of the opportunities and pathways available.

<http://www.education-ni.gov.uk/sites/default/files/publications/de/Careers-strategy.pdf>

5. STIR UP YOUR FUTURE SHARING COPY

Use this copy and the [Stir Up Your Future Social Sharing Imagery](#) to spread the word about the Alternative Careers Fair and these exciting internships to your colleagues, students and their families:

| COLLEAGUES | STUDENTS | FAMILIES |
|--|---|--|
| <p>100 internships being offered in 2021 throughout the UK.</p> <p>We're running the 'Stir Up Your Future' tutor time resource with our students to introduce them to the Alternative Careers Fair, and thought you might be interested. The resource is designed to get students thinking about alternative careers in gaming, tech, music and film, before visiting the careers fair. There they can access information from a variety of employers and apply for an internship of their choosing. Register here to get the resources.</p> | <p>100 internships and one could be yours in 2021!</p> <p>We're offering you the opportunity to gain a place on one of multiple internships being offered this year. All you need to do is head to the Alternative Careers Fair and start exploring. If you need some support with careers or your internship application, please ask your teacher to visit: www.nationalschoolspartner-ship.com/initiatives/pot-noodle-acf for some helpful resources. 'Stir Up Your Future' today - we look forward to reading your applications!</p> | <p>100 internships for young people in the UK.</p> <p>This is a chance for young people across the UK to gain some experience in the working world to help them with their future careers. 'Stir Up Your Future' is offering 100 internships across the UK for school/college students. To apply, just visit the Alternative Careers Fair and start an application now. For support with applying, please click here for some helpful resources.</p> |

