



STATION 1: SIGHT



Sort the vegetables into groups.

Can you group them with other vegetables that look most like them?

What is the best way to do this?

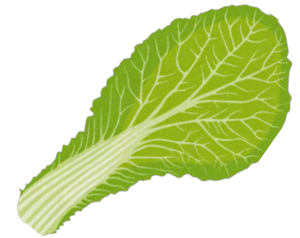
Try some of these groupings (and think of some of your own).

By colour?

By size?

By shape?

1. Pick one group of vegetables to draw. Label your drawing with exciting words that describe the vegetables.
2. Which group of vegetables looks the most appealing to you? Which group looks the least? Write a short explanation for each. Explain, using a range of descriptive words, how they look and how they make you feel.
3. What other things do the vegetables remind you of?
4. Pick the most beautiful vegetable. Write a longer description of its beauty.





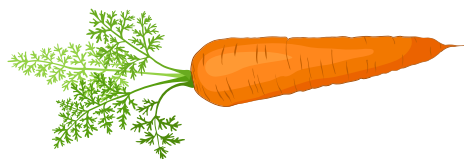
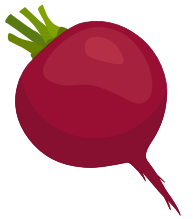
STATION 2: SMELL



Take it in turns: one person should wear the blindfold, and the other person should help the blindfolded person smell the food and then write down their responses.

After you have completed all activities, remove your blindfold and look at your groupings and what you've written. Are there any surprises?

1. Describe the smell.
2. Sort them into groups according to what they smell like.
3. Which vegetable smells the most appealing? Which smells the least? Write a short explanation for each. Explain, using a range of descriptive words, how they smell and what that smell makes you think of.
4. Can you identify the vegetable from the smell? You've got three guesses!





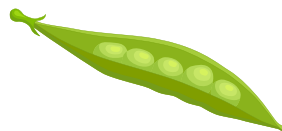
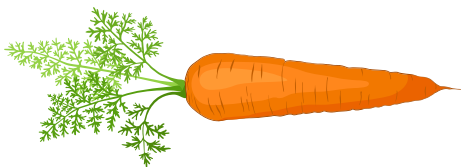
STATION 3: TOUCH



Take it in turns: one person should wear the blindfold, and the other person should help the blindfolded person touch the food and then write down their responses.

After you have completed all activities, remove your blindfold and look at your groupings and what you've written. Are there any surprises?

1. Spend some time exploring and describing the different textures you can feel. Write down descriptive words for each vegetable.
2. Sort the vegetables into groups – group them with other veg that feel a similar way.
3. Which vegetable feels the nicest? Why? Which feels the worst to you? Why?
4. Can you identify the vegetable from the texture? You've got three guesses!





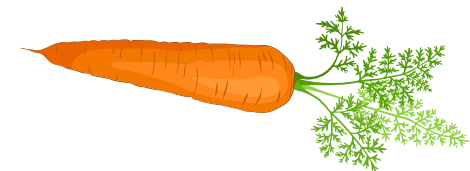
STATION 4: SOUND



Take it in turns: one person should wear the blindfold, and the other person should help the blindfolded person listen to the food and then write down their responses.

After you have completed all activities, remove your blindfold and look at your groupings and what you've written. Are there any surprises?

1. Spend some time breaking, dropping, banging and crunching the veg to investigate the kinds of sounds they make.
2. Describe the different sounds.
3. Sort the vegetables into groups – group them with other veg that sound like them.
4. Can you make music from any of the vegetables?
5. What does the sound tell you about the vegetable's texture, shape or size?
6. Can you identify the vegetable from the sound? You've got three guesses!





STATION 5: TASTE (OPTIONAL)



Take it in turns: one person should wear the blindfold, and the other person should help the blindfolded person taste the food and then write down their responses.

After you have completed all activities, remove your blindfold and look at your groupings and what you've written. Are there any surprises?

1. Describe the taste.
2. Sort them into groups according to what they taste like.
3. Which vegetable taste the best? Which tastes the worst? Write a short explanation for each. Explain, using a range of descriptive words, how they taste and what that taste makes you think of.
4. Can you identify the vegetable from the taste? You've got three guesses!

